First Give

REVERSE ADVENT CALENDAR

- Read the task for each day and complete it.
- Give yourself a big tick for every day you complete.

1 Make a donation to a charity	2 Pick up 5 pieces of litter and put them in a bin.	3 Give someone a genuine compliment.	4 Send someone a thank-you note	5 Hold a door open for someone.	6 Offer to carry someone's bag
7 Donate clothes/toys/books/ you no longer use to a charity shop	8 Share your snack with a friend (if permitted).	9 Tidy up without being asked.	10 Draw a picture to make someone smile.	11 Call or video chat with a grandparent or older relative or friend	12 Say "good morning" to five people.
13 Donate food or hygiene items to a Food Bank.	14 Write a card to someone in a care home.	15 Feed the birds in your garden or local park.	16 Write three positive things about a friend.	17 Create a gratitude poster.	18 Read a story to a younger sibling or friend.
19 Thank a school staff member/ office colleague for what they do.	20 Make a card for a neighbour or family friend.	21 Make someone a cup of tea	22 Tell someone why they're important to you	23 Leave a cheerful note for someone to find	24 Volunteer at an organisation in your community